

I.D. Camp Schedule

Saturday, February 11, 2012

5:30pm Check-in at Kent State University Indoor Field House
6:00pm - 7:00pm Group 1 Training session with college coaches
Group 2 Lecture / PowerPoint presentation with college coaches
7:10pm - 8:10pm Group 2 Training session with college coaches
Group 1 Lecture / PowerPoint presentation with college coaches
8:20pm - 9:45pm Both groups divided up into 8 teams for small sided 7v7 games
Games will last 25 minutes and players will play 2 games
8:20pm – 8:45pm Field 1 Team Yellow vs Team Green Field 2 Team Pink vs Team
Orange
8:50pm – 9:15pm Field 1 Team Red vs Team White Field 2 Team Green vs Team
Orange
9:20pm – 9:45pm Field 1 Team Yellow vs Team White Field 2 Team Pink vs Team
Red
9:45pm - 10pm Cool down stretching with Kent State Strength Conditioning coach Rhen
Vail

Sunday, February 12, 2012

7:45am - 8:00am Players arrive rosters will be posted for 11v11 teams
8:00am - 8:35am Game 1 Team Yellow vs Team Green
8:40am – 9:15am Game 2 Team Pink vs Team Orange
9:20am - 9:55am Game 3 Team Red vs Team White
10:00am - 10:35am Game 4 Team Yellow vs Team Pink
10:40am – 11:15am Game 5 Team Green vs Team Red
11:20am – 11:55am Game 6 Team Orange vs Team White
12:00 Camp Closing